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PHYSICAL EDUCATION CURRICULUM LEARNING ACROSS EUROPEAN BORDERS

SEMINAR 4: PE CURRICULA WITHIN CYPRUS AND POLAND

Join us for the fourth seminar in our European series (supported by EERA) exploring how Physical Education (PE) is shaped across different national contexts – and how it might be re-imagined becoming more inclusive and meaningful for all young people. During this presentation, **speakers from Cyprus and Poland will share insights into their respective PE curricula.** Through critical reflection and cross-border comparison, we aim to spark new ideas and open up space for creative, future-oriented thinking about what PE could become.

This is an opportunity for teachers, researchers, and educators to reflect on their own contexts, explore possibilities for change, and join a **Europe-wide conversation** about the future of PE.

Monday 9th March 2026

16:00-17:00 (GMT)

MS Teams - Online

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Speakers:

Dr Niki Tsangaridou is a Professor of Sport Pedagogy in the Department of Education at the University of Cyprus. Her research interests include instructional and curriculum analysis, quality of instruction, teachers' reflection, knowledge and beliefs, teacher education, and learning to teach. Dr. Tsangaridou has published extensively on teaching and teacher education in physical education and has delivered numerous presentations on teacher education at international conferences and professional workshops.



Dr Zuzanna Mazur is the Head of the Department of Theory and Methodology of Physical Education at the Józef Piłsudski University of Physical Education in Warsaw and the Chair of the Ministry of National Education Team responsible for developing the 2025 Physical Education core curriculum. Her academic work focuses on improving the quality of physical education teaching, promoting healthy lifestyles in educational settings and research on gender issues, teachers' professional development, physical literacy, and physically active learning.

